

Women Above 60 Years checklist

- 1) General check up with blood pressure and body weight monitoring.
- 2) ECG
- 3) Chest X ray (PA view)
- 4) Ultrasound whole abdomen (with TVS- Transvaginal scan, when applicable)
- 5) Mammography with both side Ultrasound Breast
- 6) Pap Smear with HPV testing (once in 4-5 years)
- 7) Blood and urine tests
 - i. CBC- complete blood count and Hemoglobin
 - ii. ESR
- iii. FBS- fasting blood sugar and HbA1c glycated hemoglobin
- iv. Total Lipid Prolife
- v. kidney function tests
- vi. Liver function tests
- vii. CPK
- viii. Serum TSH (Thyroid)
 - ix. Vitamin D3, B12
 - x. Serum Iron, Ferritin
 - xi. Serum calcium
- xii. hs-CRP
- xiii. Urine routine and microscopic

For further queries or appointments- please leave a WhatsApp message on 9811020477